

Summer Workshop Materials List

The Natural Palette with Lena Wolff

July 28 - July 3, 2026

Student Materials List

- an apron + old tea towel
- a watercolor notebook and extra watercolor paper (140lb cold press paper is ideal in a small size, 8 x 10 inches or smaller)
- writing materials to take notes, drawing pencils + erasers + writing pens.
- a small selection of watercolor brushes (sable or synthetic sable are best)
- Small to medium sized scissors for collage
- A selection of small dropper bottles or small lidded jars. I will provide some of these but it will also be good for everyone to bring some along. **Please NOTE: we will be making liquid inks in the workshop so consider transportation when leaving FAWC.** For anyone planning to fly, it could be good to package inks and ship them to your home when class ends.
- Gloves -powder-free nitrile gloves are great
- M-95 mask

Optional but Helpful

- small stainless steel funnels

On Materials for Making Color

Natural materials for ink and watercolor making will be provided for the workshop however, if you have access to any of the following plant sources and would like to bring them along, everything below produces beautiful color (flowers can be dried and hearty bark material chopped and frozen until transport). The more material we have in class, the more we'll be able to work with!

Common Botanical Ink Sources

Acorn caps
Apple tree twigs (chopped into small bits and frozen until transport)
Avocado pits/skins (can be kept frozen until transport)
Birch leaves
Black Hollyhock Flowers
Buckthorn berries
Calendula
Camellia flowers
Cochineal (insect from South America)
Dahlia flowers
Dyer's Coreopsis
Dyer's Chamomile
Goldenrod flowers
Indigo (fresh leaves)
Logwood (chopped into small bits and frozen until transport)
Madder
Marigold
Oak galls (can be fairly dry)
Onion skins, yellow and red (can be peeled and stored in a freezer until transport)
Pear tree twigs (chopped into small bits and frozen until transport)
Plum tree twigs (chopped into small bits and frozen until transport)
Redwood Cones (can be kept indefinitely until using them)
Rhubarb root
Rose petals (fresh)
Tansy flowers
Walnuts in their husk
Weld
Woad