

Summer Workshop Materials List

Ritual Embrace with Ruby T

July 26 - 31, 2026

This workshop is based in painting & drawing, but our supplies need not be rigid! I encourage you to bring the materials you get the most pleasure from working with, whether your typical painting setup, fabric, natural materials, and/or collage scraps.

Please be sure to include *some* traditional painting & drawing media such as:

- + brush & ink (I am partial to sumi ink paired with size 8 or 10 round brushes)
- + Dry media: pens/ charcoal/ colored pencils/ graphite sticks or pencils/ pastels
- + Oil paint (if you bring oils, be sure to also bring Gamsol or a similar non-toxic medium, paper towels or rags, and a brush cleaner)
- + Acrylic paint (I really like Golden brand liquid or high flow acrylics, but anything you bring is great!)
- + Cups or jars for your ink/ paint set-up
- + A water bottle or jar with secure lid for bringing ink/ paint water outside
- + Brushes
- + Palette knives if you're using heavier body oils or acrylics
- + Palette of some kind – recycled takeout containers work great
- + Glue or matte medium if you plan on collaging

No need to bring everything on the above list – these are just ideas. In fact I would recommend picking one or two drawing options, plus one painting option, so that your supplies are not overwhelming. Don't hesitate to reach out with questions or to talk through your supply choices:

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Surfaces:

- + **Everyone:** sketchbook for working outside and taking notes, at least 12 x 9"
 - + I like Canson XL Mixed Media pads because they can handle both wet and dry media, and have a spiral binding which makes holding them much easier than a bound book.
- + **For those working with dry media, ink, watercolor liquid acrylics, or other lighter wet media:** please bring some larger heavy weight paper, bristol board, or clearpoint vellum (at least 18 x 24"), whether in a pad, roll, or loose sheets. Rolls are cool, because they give you different size options.
- + **For those working with heavier body oil or acrylics, bring at least one of the following options (make sure at least one of your surfaces is 18 x 24" or larger):**
 - + a canvas pad



- + a few pieces of gessoed cardboard or gessoed heavy paper
- + a few gessoed boards or stretched canvases
- + dropcloth (cheap at the hardware store & can be cut to any size, gessoed, and pinned to the wall)

Going outside supplies: Bug spray, sunblock, hat, bag or backpack for art supplies, folding chair if needed

Magical supplies: bring one or more things that feel mystical and/ or comforting to you. Ideas: a crystal, rock, shell, small heirloom, special candle or essential oil.